

COUNTY OF SANTA CLARA

Office of the Sheriff

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Laurie Smith
Sheriff

MEMORANDUM

TO: All Staff
FROM: COVID-19 Incident Command Center
SUBJECT: ICC Directive 20-40 (Amended Stay-at-Home Order, Gyms)
DATE: September 15, 2020

Sheriff's Office Personnel,

On August 28th, the state of California released its Blueprint for a Safer Economy ("Blueprint"), a statewide system of COVID-19 restrictions. Santa Clara County is currently in Tier Two (Red) of the Blueprint. Under the Blueprint, the State Health Officer requires the indoor operation of gyms and fitness centers to be limited to 10% capacity in all Tier Two counties, which includes Santa Clara County. According to the attached PDF, Mandatory Directive for Gyms and Fitness Facilities, gyms and fitness activities are strongly urged to move outdoors whenever possible. The Sheriff's Office Wellness Team is currently working on creating an outdoor gym at Headquarters.

In order to open the Sheriff's Office indoor gyms safely, all are required to abide by the following guidelines:

- Wear a face covering over nose and mouth at all times.
- Maintain a six foot distance from others in the gym.
- Clean each piece of equipment before and after use.
- Bring a pen and complete the sign in/sign out roster before and after use of the gym.
- Do not use the gym if exhibiting signs of COVID-19 or feeling sick.
- In order to facilitate the ability to maintain social distancing, the maximum number of people in the gym at any one time will be limited to one person per 150 square-feet of indoor space or 10% of capacity whichever is stricter. *(Calculations are based on occupancy levels to building code standards.)
- Cardio and aerobic exercise are prohibited indoors.
- NO use of cardio equipment (e.g. treadmills, stationary bikes, row machines, stair-climbers, etc.).
- Use of machines and free weights only.

Location	Size (sq. ft.)	Capacity	Status
Headquarters	1,560	3	Closed for refurbishment
South County	600	1	Closed for refurbishment
West Valley	625	1	Open

Transit	Unknown	Unknown	Closed per VTA
Main Jail	615	1	Open
Elmwood	3,200	6	Open
Academy (Rogue room)	510	1	Open