

COUNTY OF SANTA CLARA

Office of the Sheriff

55 West Younger Avenue
San Jose, California 95110-1721
(408) 808-4605



Laurie Smith
Sheriff

MEMORANDUM

TO: All Staff
FROM: COVID-19 Incident Command Center
SUBJECT: ICC Directive 21-04 (Indoor Gyms Re-Opened)
DATE: March 4, 2021

Sheriff's Office Personnel,

On March 3, 2021, Santa Clara County entered the Red Tier of the [State's Blueprint for a Safer Economy](#). Under the Blueprint, the State Health Officer requires the indoor operation of gyms and fitness centers to be limited to 10% capacity in all Red Tier counties, which includes Santa Clara County.

In order to open the Sheriff's Office gyms safely, all are required to abide by the following guidelines:

- Wear a face covering over nose and mouth at all times.
- Maintain a six foot distance from others in the gym.
- Clean each piece of equipment before and after use.
- Bring a pen and complete the sign in/sign out roster before and after use of the gym.
- Do not use the gym if exhibiting signs of COVID-19 or feeling sick.
- In order to facilitate the ability to maintain social distancing, the maximum number of people in the gym at any one time will be limited to one person per 150 square-feet of indoor space.
*(Calculations are based on occupancy levels to building code standards.)
- Cardio and aerobic exercise are prohibited indoors.
- NO use of cardio equipment (e.g. treadmills, stationary bikes, row machines, stair-climbers, etc.).
- Use of machines and free weights only.

Location	Size (sq. ft.)	Capacity	Status
Headquarters	1,560	3	Closed for refurbishment
South County	600	1	Closed for refurbishment
West Valley	625	1	Open
Transit	Unknown	Unknown	Closed per VTA
Main Jail	615	1	Open
Elmwood	3,200	6	Open
Academy (Rogue room)	510	1	Open