

ARREST AND CONTROL

Santa Clara County, Office of the Sheriff – 2270
CCN: 29503 | POST Certification II | Reimbursable Plan IV | 8 Hours

COURSE GOAL:

The course will provide the trainee with the minimum topics of Arrest and Control required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect.

The course consists of hands-on/practical skills as well as policies and legal issues on the topic of arrest and control training for in-service officers. The training may be presented in a 4 or 8-hour format.

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Minimum Topics/Exercises:

- a. Policies, legal standards, and report writing
- b. Use of Force considerations
- c. Safety orientation and warm-up(s)
- d. De-escalation/Verbal commands– in exercise(s)
- e. Body balance/stance/movement patterns – in exercise(s)
- f. Search – in exercise(s)
- g. Equipment/Restraint device(s) use – in exercise(s)
- h. Impact weapons
- i. Subject's Actions and Officer's response to force
- j. Control/Takedown - in exercise(s) Verbal command
- k. Class exercises/Student Evaluation/Testing
- l. Recovery/First Aid (as applicable)

COURSE OBJECTIVES

The trainee will:

1. Demonstrate knowledge of their individual Department Arrest and Control Policy and current case law.
2. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques
3. Demonstrate a minimum standard of arrest and control skills with every technique and exercise, to include:
 - a. Judgment and Decision Making
 - b. Officer Safety
 - c. Body Balance, Stance, and Movement
 - d. Searching/Handcuffing Techniques

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- e. Control Holds/Takedowns
- f. De-escalation/Verbal Commands
- g. Effectiveness Under Stress Conditions

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

- I. Registration and Orientation
 - A. Introduction, Registration and Orientation
 - B. Course Objectives/Overview, Exercises, Evaluation/Testing
- II. Safety Orientation and warm-up
 - A. Review of Safety Policies and injury precautions
 - B. Students will participate in warm-up/stretching exercises
- III. Legal Issues
 - A. Case Law Update
 - 1. Tennessee v Garner
 - 2. Graham v Connor
 - 3. Deorle v. Rutherford
 - 4. Long Beach v Long Beach POA
 - 5. Bryan v. McPherson
 - B. Use of Force Legal Issues
 - a. Legal aspects
 - 1. Federal law
 - 2. California law
 - a. AB392
 - b. SB230
 - c. PC835a
 - 3. Civil case studies
 - 4. Department Policy
 - a. 12.00 General Order
 - b. 9.01 DOC Policy
 - c. Lexipol 300
 - C. Arrest

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- 1. Single Suspect
- 2. Multiple Suspects
- D. Search
 - 1. Incident to Arrest
 - 2. Cursory
 - 3. Special Circumstances
- E. Documentation
 - 1. Reports

IV. Body Balance/Stance & Movement from Position of Interview and Self-Defense Stance

- A. Footwork Review:
 - 1. Forward shuffle
 - 2. Rear shuffle
 - 3. Normal pivot
 - 4. Shuffle right and left
 - 5. Pivot right and left
 - 6. Progressive pivot
 - 7. Shuffle pivot
 - 8. How to fall to the ground safely and assume a self-defense position.
 - 9. Access to equipment on duty belt while in a self-defense stance and on the ground.

V. Search Techniques/Control Hold/Takedown/Handcuffing/De-Escalation/ Verbal Commands

- A. Overview on restraint devices and need to double lock and check for tightness.
 - 1. Suspect cannot be handcuffed due to injuries
 - a. First Aid – Suspect injured, wounds, fractures
 - b. Special circumstances (i.e. pregnant females)
 - c. Complaint of pain should be documented
 - d. Failing to double lock handcuffs can result in injury to suspect and liability to an agency.
- B. Standing Compliant Handcuffing
 - a. Verbal commands
 - b. Twist lock control
 - c. Handcuffing
- C. Control Holds
 - a. Twist Lock
 - b. Front Bent
 - c. Rear Bent

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- D. Handcuffing techniques from Control hold
 - 1. Twist lock control
 - a. Verbal commands
 - b. Twist lock control
 - c. Handcuffing
 - 2. High Risk Search
 - 3. Takedown from standing modified, Prone Non-Compliant handcuffing technique

- E. Prone or kneeling compliant handcuffing.
 - 1. Kneeling compliant
 - a. Verbal commands
 - b. Low profile twist lock
 - c. Handcuffing
 - 2. Prone compliant
 - a. Verbal commands
 - b. Prone control
 - c. Handcuffing

VI. TESTING/REMEDICATION

- A. All students will be evaluated on techniques.
- B. Remediate all students that fall below standard.

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OPTION FOR EXTENDING EXPANDED COURSE OUTLINE TO EIGHT HOURS:

Impact Weapons & Weapon Retention and Take-Aways

- VII. Impact weapons
 - A. Safety review
 - B. Straight and collapsible baton.
 - C. Verbal commands and/or warning
 - D. Identify target and non-target areas on the body.
 - E. Footwork review
 - F. Review baton strikes
 - 1. Single hand strike
 - 2. Barrel strike
 - 3. Forward thrust strike (straight baton)
 - 4. Butt stroke
 - 5. Techniques practiced on bags
 - G. Baton retention techniques
 - 1. "J" technique
 - 2. Figure 8 techniques

- VIII. Weapon Retention and Take-Away review.
 - A. Safety review
 - B. Mental preparation / verbal distractions
 - C. Holster Mechanism
 - D. Front handgun retention, right and left handed
 - E. Rear handgun retention, right and left handed
 - 1. Footwork
 - 2. Control
 - F. Front handgun takeaway, right and left handed
 - 1. Footwork
 - 2. Control
 - G. Rear handgun takeaway, right and left handed
 - 1. Footwork
 - 2. Control
 - H. Ground handgun retention
 - 1. Footwork
 - 2. Control

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- IX. Ground self-defense diminished interval
 - a. Position and principles
 - 1) Supine position with arms and legs up
 - 2) Use of palms and soles of feet
 - 3) Sudden pressure to 7 areas of suspect's body
 - 4) Maintain working space between officer and suspect
 - 5) Feet first
 - 6) Transition to weapons when possible
 - b. Escapes
 - 1) Bottom position escapes
 - 2) Top position escapes
 - c. Personal weapon applications
 - 1) Grabs
 - 2) Strikes
 - 3) Kicks
 - d. Drill development
 - 1) Instructor candidate led drills

- X. TESTING/REMEDICATION
 - A. All students will be evaluated on techniques.
 - B. Remediate all students that fall below standard.