

SANTA CLARA COUNTY SHERIFF

Technical Course Expanded Course Outline

Subject: **CIT Curriculum Update**

Hours: **14**

Course Description:

Course is designed to provide Crisis Intervention Team training presenters with curriculum update information and results to integrate into their current Crisis Intervention Team training programs throughout California.

I. Introductions

- A. Welcome
- B. Introductions
- C. Logistics and topics

II. Understanding and Responding to Common Mental Health Problems for Returning Veterans

- A. Post Traumatic Stress Disorder
 1. Signs
 2. Symptoms
- B. Traumatic Brain Injuries
 1. Signs
 2. Symptoms
- C. Re-integration
 1. Military programs
 2. Signs
 3. Symptoms
- D. Suicide risks with Veterans
 1. Signs
 2. Symptoms
- E. Assistance Programs
 1. Local resources
 2. Veterans Administration Resources

III. Another Kind of Valor

- A. Severe and persistent mental health disorders
 1. Signs and Symptoms
 2. De-escalation Techniques
- B. Community integration of persons with mental health disorders
 1. Job assistance
 2. Housing assistance

- C. Programs
 - 1. Residential
 - 2. Homeless
 - 3. Service Plans to operationalize both recovery and cultural competence
- IV. Multi-Cultural Issues in CIT Curriculum
 - A. Cultural Competencies
 - 1. Definition
- V. National Alliance on Mentally Illness
 - A. Description
 - B. Service Programs
 - C. NAMI Panels in CIT programs
- VI. Case Studies: The Value of Crisis Intervention Teams
 - A. How to use Case Studies
 - 1. Videos
 - 2. Testimonials
 - B. Impact of presentations
 - 1. Law Enforcement
 - 2. Mental Health Consumers
 - 3. Service Providers
 - 4. Mental Health Professionals
- VII. CIT Core Competencies
 - A. Competencies defined
 - B. History of CIT
 - C. Lessons Learned
- VII. CIT Results Roundtable
 - A. Types of CIT programs
 - B. Lessons Learned
 - C. How to build partnerships

TIMELINE

DAY 1		
Start	End	Subject
0800	0900	Welcome, Registration, Introductions, Logistics and overview of curriculum
0900	1045	Understanding and Responding to Common Mental Health Problems for Returning Veterans
1045	1100	Break
1100	1230	"Another Kind of Valor"
1230	1330	Lunch
1330	1500	Multi-Cultural Issues in CIT Curriculum
1500	1515	Break
1515	1545	N.A.M.I. Panels in CIT
1545	1745	Case Studies in CIT
1745	1900	Break
1900	2100	CIT Core elements
DAY 2		
Start	End	Subject
800	950	CIT Results Roundtable
950	1000	Break
1000	1200	CIT Curriculum Update