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Course Certification Info

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Blue Courage

Type: RFC Annual

Status: Approved

Cert. Number: 06279257

Version: 1.0

Created By: [REDACTED]

Created Date: 10/7/2019

Last Modified By: [REDACTED]

Last Modified Date: 11/13/2019

Course Information

Est. Class Size: 25

Course Hours: 16

Primary Population: Adult Corrections Officer, Officer Managers/Administrators, Supervisors

Agency Specific: No

Delivery Method: ILT – Instructor Lead Training

Course Summary:

Blue Courage is a way of being, a philosophy that inspires one to embody the noblest of character and unquestioned devotion. It is to flourish in all aspects of life, to act with practical wisdom, to exude vitality, and to hearten human connections. Blue Courage offers transformational leadership development workshops and presentations designed for all levels of the organization. Our revolutionary educational process is designed to touch hearts, awaken minds and ignite spirits through dynamic presentations and learning processes.

Provider Information

Provider Name: Santa Clara County Sheriff's Office

Course will exceed the STC maximum tuition of \$12.50 an hour? No

Performance Objectives

At the end of this 16 hour Blue Courage training course, the participants will be able to (with the use of their participant guidebook and learning journal): 1. Describe and explain the meaning of the color blue in policing. 2. Explain the definition and meaning of courage. 3. Paraphrase the need for Blue Courage as described in Chief David Couper's book Arrested Development. 4. Compare and Contrast the Path from Inspiration to Mastery. 5. Examine the Dimensions of a Whole Person. Page 6. Explain the adaptive nature of Culture. 7. Describe the two types of Culture. 8. Identify the process needed to change a culture. 9. State the definition of Nobility. 10. Discuss the strengths and challenges of Nobility in policing today. 11. Discuss critical responsibilities and the tools needed meet those critical responsibilities. 12. Explain nature of aspiring to respect and the road to respect. 13. Explain the definitions of coherence and resilience. 14. Demonstrate the 16 Seconds to Clarity/Stillness and Silence (SnS). 15. Describe the indicators of Heart Rate Variability, and affects it has on both physical and mental performance. 16. Explain the nature of positive psychology. 17. Explain why understanding the importance of positive psychology is critical to life. 18. Examine the process for re-wiring the brain for positivity. 19. Define practical wisdom. 20. Explain the three elements needed to develop practical wisdom. 21. Discuss the requirements needed to develop a practically wise cop. 22. Discuss the learning process for developing practical wisdom. 23. Discuss the risk factors for being unfaithful to health and wellness in all four dimensions of a whole person. 24. Describe the Blue Courage Tabata Workout. 25. Appraise the nature of immorality of policing. 26. Journal personal reflections and commitments to Police Culture, Nobility of Policing, Respect, Resilience, Positive Psychology, Health, and Wellness. 27. Discuss and interrupt the information and situation in the Respect Case Study and Practical Wisdom Case Study.

Testing Procedures (if applicable)

Assurance Statement

By submitting this course you are assuring that you are following the **the STC Policies and Procedures Manual for Training Providers**, including the requirement to have a lesson plan on file for this course. I further certify that the information included in this request is accurate to the best of my knowledge.

Assured by Provider: Yes

Versions

<i>Previous versions of this certification</i>

Change History

<i>Changes made to this certification</i>			View All
Change	Action	Changed Date	
outline day-2	edited	11/12/2019	
outline day-2	edited	11/12/2019	
outline day-1	edited	11/12/2019	
Course Contact	edited	11/12/2019	
Provider Contact	edited	11/12/2019	
Provider Email	edited	11/12/2019	
Provider Phone	edited	11/12/2019	
Provider Fax	edited	11/12/2019	
Performance Objectives	edited	11/12/2019	
Modified By	edited	11/12/2019	

Attachments

<i>Attachments for this certification</i>	Edit

Instructors

<i>Course instructors</i>	Edit	Delete
I [REDACTED]		
U [REDACTED]		

Course Outline

<i>Course Outline</i>							Edit
Day	Begin	End	Subject Matter	Instructional Methodology	Instructor	Agency Notes	
1	0800	1200	Class Introduction • Color Blue in Policing • Courage • The Need For Blue Courage	"Lecture","Group Discussion","Demonstration","Group Exercise","Audio/Video Clip"	[REDACTED]		
1	1300	1700	• Path from Inspiration to Mastery • Dimension or The Whole Person • Adaptive Nature of Culture	"Lecture","Group Discussion","Demonstration","Group Exercise","Audio/Video Clip"	[REDACTED]		
2	0800	1200	* Types of Culture • Recap of Day One • Process of Culture Change • Nobility • Strength and Challenges of Nobility in Policing	"Lecture","Group Discussion","Demonstration","Group Exercise","Audio/Video Clip","Trainee Practice"	[REDACTED]		
2	1300	1700	• Critical Responsibilities • Respect • Coherence and Resilience • Clarity, Stillness and Silence	"Lecture","Group Discussion","Demonstration","Group Exercise","Audio/Video Clip"	[REDACTED]		
							4 event(s) total

Schedule

<i>Course dates and locations</i>					Edit
Event ID	Start Date ▼	End Date	Location	Registration Count	
	12/16/2019	12/17/2019			
					1 date(s) total